

To make fine cracknels,

Take fine flower and a good quantitie of  
egges as many as wil supply the flowze,  
then take as much suger as will sweeten  
the past, and if you will not be at the cost to

15 5

raise

## A Booke

rayse it with egges, then put thereto sweet water Syname and a good quantitie of Nutmegges and mace, according to your bread, take a good quantitie of Annis seede, and let all this be blended with your flower, and the putting in of your egges or other moysture, then set on your water and let it be at seething, before you put your Crackenelles in it they will goe to the bottome and at their rising take them out and drie them with a cloth then bake them.